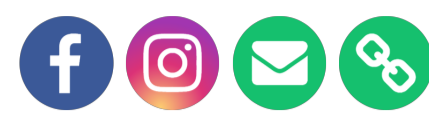


JAY DUKE Equestrian

Clinics & Course Design



The Power of the Outside Rein!

Jay Duke clinic participants learned the power of "inside leg to outside rein" this weekend at a two-day clinic hosted by Oxer Hill Farm in Snohomish, WA. Jay put the exercises of his [Virtual Lesson Subscription Program](#) to the test with a range of different horse and rider combinations — from Noble Jumpers trainer Courtney Palmer riding her 1.30m jumper to an 11-year-old rider on a three-year-old pony. The end result was the creation of clear communication between horse and rider!

Click [HERE](#) to watch Courtney in action!



"He presented that concept in such a thorough yet clear and concise way that it gave all the riders a real understanding of how to accomplish it."



I have been riding in Jay's clinics for seven years and having that clarity is why I am able to allow such a diverse group of riders to participate. From a confidence standpoint, every one of those riders left feeling prepared to accomplish their next riding goal."

~ Courtney Palmer
Noble Jumpers

Click [HERE](#) to view a clip from Day 1 of the Jay Duke Clinic!

Click [HERE](#) to view a clip from Day 2 of the Jay Duke Clinic!



Winter & Spring clinic dates now available!

Jay has extensive first-hand knowledge of the jumping discipline and is available for clinics throughout North America. A range of packages are available, from single to four-day sessions, featuring training that draws on three decades of experience. Each clinic includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.



[More Information on Booking your Jay Duke Clinic](#)

Jay Duke Equestrian's Virtual Lesson Subscription Program is the next best thing to a Jay Duke clinic, and you can subscribe for just \$8 per lesson!

- Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!
- What you get: One lesson per week delivered directly to your e-mail ready to travel straight to the ring with you.
- Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse sport professionals at varying levels. In May, subscribers received a lesson from reigning FEI World Cup champion Bezie Madden!
- **Bonus Benefits:** Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc.

Click below to see what recent subscribers received!

JAY DUKE Equestrian TOP FORM GYMNASTIC
Clinics & Course Design Difficulty: Intermediate

KEY POINTS

LESSONS

Jump Height: Variable

Intermediate: Fences #1 and #2. 8.7m Fence #3. 1.5m x 1.20m

Advanced: Fences #1 and #2. 1.5m Fence #3. 1.5m x 1.20m

This is a wonderful exercise for working on the form of the horse over fences. Care with lines are essential for helping a horse to have the proper balance at the fence. It helps to relax the horse through the back and improve the hind end. The goal distance between the covers get the horse to stay slow and jump off the hind end.

The bonuses teach the horse to walk at the fence and work on the front end form and suppleness through the back. The landing line adds to the suppleness of the horse.

Also set this up every day or twice a week. Ensure the distances are altered when flipping direction.

© Jay Duke Equestrian | jayduke@jaye.com | jayduke.com

[Click to find out more!](#)

A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



[View Jay Duke's Lesson Library](#)

[Find Out More About Jay Duke](#)

[Book A Clinic With Jay Duke](#)

JUMP MEDIA

Raising The Bar In Equestrian PR

